LAST WORDS FROM THE BUNKER

Attention please! You have just heard the attack warning: you should have recognised the rising and falling note, or, if not, there is a rather elegant diagram of it, like a cut off worm, in the booklet which I hope you have before you.

Now you must all keep perfectly calm. Do not become excited, do not rush about, do not shout or make a fuss; you must keep quiet and listen carefully. You have just four minutes, no- to be precise, three minutes and forty five seconds - to take in what I am about to say.

I do not know where you all are. If you are at home, that is the best place for you to be, in the bosom of the nuclear family. Now is the time to set about all those little tasks we have worked out for you: have you painted your windows and drawn the blinds? You should have done so, because there is going to be quite a general shut-down shortly. Now is the time to crawl into your inner refuge: even if its only inside your mind: I hope you have covered it with enough dense materials. Sand will do, or earth, or even some books - some books are very dense indeed; Remember to take the children with you. Have you got your toothbrush? Have you got your toilet paper? Have you got your asprins? Have you got a calender? You will wish to know how the days are passing, after time has stopped. Remember, if a death occurs, place the body in another room and cover it as securely as possible. Attach an identifation. You should receive radio instructions as to what to do next,Always keep the radio tuned for Government advice and instructions

Now is the time to do as you have been instructed, and put brown paper bags over your heads. It will be stuffy inside, and you will not be able to see anything, but do not mind; if you have had your heads in the sand for so long now you will not notice the difference. Have you got your bags on your heads? Are you waiting comfortably? Now, keep quite calmend do not worry. Perhaps you should have worried before, but the time for worry is in the past.

I am signing off now.